February 19, 2023 | Seventh Sunday in Ordinary Time

Pastor: Rev. Michael J. Morin
Cell #: 402-937-5785
Email: fr.mike-morin@bsc.church

Assistant Pastor: Rev. Matthew Kovar
Cell #: 402-413-5584
Email: fr.matthew-kovar@bsc.church

Church Mailing Address:
1720 Lake Street
Lincoln, NE 68502

Hours: 9:00 a.m. - 3:00 p.m.
Church Rectory Phone #: 402-474-4249
Church Fax Phone #: 402-474-4258
Church Website:
https://blessedsacramentlincoln.org

Bookkeeper: Jennifer Tinsley
jennifer@bsc.church

Parish Secretary: Cindy Uhing
cindyuhing@bsc.church

Bulletin Submissions are due by 12:00 p.m. on Wednesdays to Cindy Uhing

School Principal: Jennifer Tran
Email: jennifer-tran@cdolinc.net

School Secretary: Melissa Tvrdy
melissa-tvrdy@cdolinc.net

School Address:
1725 Lake Street
Lincoln, NE 6850

School Phone #: 402-476-6202

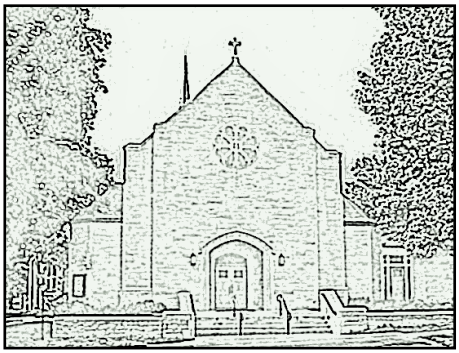
School Website: https://blessed-sacrament-school.com

Weekly Mass Schedule
Mon.-Fri.: 6:30 a.m., 8:15 a.m.
Sat.: 8:15 a.m., 5:30 p.m.
Sun.: 8:30 a.m., 10:00 a.m., 11:30 a.m.
Holy Days of Obligation: As Scheduled in the Bulletin

Reconciliation Schedule
15 minutes before a.m. Masses Mon. - Sat.
Saturday: 4:30-5:20 p.m., 6:30-7p.m.

Baptisms: Baptism Instruction Class are held the 1st Sunday of the month at 6:30 p.m. in the school meeting room. Call the rectory to register for the class.

Marriage Preparation: Please call the rectory for more information. You will need a minimum of 4 months to do marriage preparation, 6-12 months is preferred.



Blessed Sacrament Catholic Church & School

February 22, 2023, Ash Wednesday Mass – Join us on Wed., February 22nd, as we begin our Lenten journey together. Services on Ash Wed. are at **6:30 a.m., 8:15 a.m., & 7:00 p.m.** Although it is not a Holy Day of Obligation, Ash Wed. is a reminder of our mortality & sinfulness, & it prepares us for a season of penance & prayer.

Lenten Regulations for the Diocese of Lincoln - Ash Wednesday & Good Friday are days of fast & abstinence. All Fridays in Lent are days of abstinence.

Fasting - means eating only one full meal with two smaller meals, which together do not equal the full meal. No snacks or eating between meals allowed. Fasting obliges all Catholics between the ages of 18-59.

Abstinence - means eating no meat, nor soup, nor gravy made from meat. Abstinence obliges all Catholics over the age of 14.

Sickness, Hard Manual Labor, Pregnancy, etc., automatically excuses a person from these obligations. Nevertheless, it should be pointed out that these are serious obligations. In cases of doubt or question, the priest who hears a person's confession should be consulted.

† Stations of the Cross †

Stations of the Cross will be held on Fridays during Lent at 2:50 p.m. & 7 p.m. Please join us for this beautiful Lenten Devotion.

MASS INTENTIONS

Saturday - February 18th
5:30 P.M. † Eugene Ryan

Sunday - February 19th
8:30 A.M. † Melody Heitz
10:00 A.M. Carolyn Harroun-Mehser
11:30 A.M. People of the Parish

Monday - February 20th
6:30 A.M. † The Hindman Family
8:15A.M. Rachel Meysenburg

Tuesday - February 21st
6:30 A.M. † Urban Koster
8:15 A.M. Beth Koster

Wednesday - February 22nd
6:30 A.M. Carol Wirth
8:15 A.M. † Kenneth Rezac
7:00 P.M. † Poor Souls in Purgatory

Thursday- February 23rd
6:30 A.M. Julie Schmit Albin
8:15 A.M. Joyce Braun

Friday - February 24th
6:30 A.M. Special Intention, FM
8:15 A.M. † Sandy Payne

Saturday - February 25th
8:15 A.M. † Nancy Kopischke
5:30 P.M. Fr. Cole Kennett

Sunday - February 26th
8:30 A.M. † Allen Jessen
10:00 A.M. People of the Parish
11:30 A.M. † Sandy Payne

PARISH NEWS

DATES & EVENTS:

THANK YOU - The Pro-Life Committee wants to thank you for your participation in the Spiritual Adoption Program. We were able to deliver many gifts plus monetary donations in the amount of $311 to the Women's Care Center. The graces from the prayers said cannot be measured. The generosity & support of the parish family is overwhelming.

LIFE FOR LENT - There is a "Life for Lent" box on the table in the vestibule of the church with cards to fill out with your spiritual bouquets and sacrifices to present to our Sorrowful Mother for your personal intentions and the protection of life in all stages.

FEBRUARY 21, 2023, LRTL KICKOFF EVENT - at 6 p.m. at Lincoln Right to Life at 5632 S. 48th St. Unit 4, with special guest speaker Angela Himmerlberg of See Womb Life. Please bring a side dish or dessert to share. Please RSVP to Cathy Turner at 402-202-1614.

FEBRUARY 22, 2023, MEN'S SCHOLA CHOIR FOR ASH WEDNESDAY - Men of the parish (age high school & older) are invited to sing for Ash Wed. Mass (7 p.m. on Feb. 22nd). Contact Julia DeLaRosa Lang jdelarosa393@gmail.com, 254-405-0928 for more info.

FEBRUARY 22, 2023, 40 DAYS FOR LIFE - Spring Campaign will begin Feb. 22nd (Ash Wednesday) through April 2nd. Many prayers are still needed as the focus has shifted to the states. We would like to fill the hours between 7:00 a.m.-12:00 p.m. on Wednesdays with parishioners from Blessed Sacrament. This would be a total of 12 people minimum as no one should be on the sidewalk alone. Please prayerfully consider committing preferably to the same hour each week if possible or any week that your schedule would allow. Please contact Mary Ryan at 402 617-2769 if these hours work for you & Mary will let Cathy Turner know that they are covered. Please go to www.40daysforlife.com/lincoln for info. on how to sign up for other days or hours. The prayer vigil location is at Planned Parenthood, 5631 S 48th St.

FEBRUARY 22, 2023, ASH WEDNESDAY COLLECTION - Ash Wednesday is a time when persons are invited to face their mortality; to remember the limited time we have on this earth & reflect on who we want to be, & the path we want to travel; & who or what we live for. Ash Wednesday sets aside a time to ensure that Christians reset values &, following in Jesus' footsteps, walk as best as we can in the path that God sets before us. By donating to this special collection, you will **help the St. Vincent de Paul Society** help the poor & suffering in & around Lincoln. You can use your envelopes from your bi-monthly envelopes, or you can donate online at www.blessedsacramentlincoln.org.

CRS Rice Bowl - Lent Is Coming! Join our faith community & more than 12,000 Catholic communities across the United States—in a transformative Lenten journey with CRS Rice Bowl. Pick up your family's CRS Rice Bowl from the Church Vestibule. During the 40 days of Lent, we will reflect on global hunger and take action to help our sisters and brothers impacted by this injustice. Visit crsricebowl.org to learn more. You can go online at www.blessedsacrament lincoln.org and give online.

February 24, 2023, Blessed Sacrament Annual Ushers Club Lenten Soup Supper, Non-Meat All-You-Can Eat - Join us at Blessed Sacrament, from 5-7 p.m. in the school gym, 1725 Lake St. Serving Clam Chowder, Cheese Tortellini, Homemade Tomato, Potato, Broccoli & Cheese, Cajun Gumbo, Grilled Cheese & Grilled Peanut Butter sandwiches & a drink. $10.00 for adults, $5.00 for children ages 6 to 12, & $30 family max. Freewill offering Dessert Table.

Ideas for Lent on Self-Denial and Penance – You could try some of the following:

- weekday Mass attendance, and/or Stations of the Cross
- say a daily Rosary on the way to work or School or at home with the family
- do an hour for 40 days for Life and/or a holy hour at church
- daily Bible reading, and/or daily spiritual reading
- spend time in silence - maybe on your drive to work or school, quiet time at a meal or a block of time throughout the day
- give up television viewing, Facebook, Instagram, internet browsing, and/or using a smart phone
- giving up smoking, alcoholic beverages, sweets, junk food and/or snacks
- eating simpler meals and/or giving up one meal a day
- giving up anger, envy, grudges, and greed
- giving money to the poor or the church (as we do with St. Vincent de Paul)
- being more cheerful, helpful, & respectful to family members, fellow-workers, neighbors
- visit someone that is homebound or in a nursing home and/or send a letter or card to them
- Bear hardships, pains, sufferings, various kinds of discomforts & inconveniences with smiling acceptance & resignation

Fish Fry Finder - Looking for a great Fish Fry to head to this Lent? Let Spirit Catholic Radio help you with your search! Check out the Spirit Catholic Radio Fish Fry Finder to find amazing fish Frys in your area! Head to spiritcath olicradio.com/fish for more info!

March 25, 2023, Table For Ten - Registration is now open for this year's Table for Ten! Join us **March 25th** for an evening in the **"Wild West".** The night will include cocktail hour, a BBQ dinner, & a Dueling Pianos performance. To register, visit: **one.bidpal.net/TableForTen2023**. Questions, contact Katie Kudron at 402-314-2222 or katie.kudron@gmail.com.

June 5-9, 2023, Save the Date - Summer Catechetical Program – Christ the King Sisters – Please mark your calendars now, to plan on sending your children to the Summer Catechetical Program. More info. to come.

Southern Nebraska Register – February is the month that we ask parishioners to donate $15 to help the church pay for the cost of the SNR each year. You can donate by using your envelope in your bi-monthly packets, donate w/an envelope marked SNR & your name, or you can go online at www.blessedsacramentlincoln.org & click the online giving button at the top of the page, then choose Southern NE Register. You can also get it online, please let Cindy know & she will change your subscription. Thanks for your generosity.

Scrip News - Did you know that if every adult in the Blessed Sacrament parish bought a $100 gift card to purchase groceries just

once we would raise over $7000 for our church & school? Just like that! What if they did it every month for a year? It is a quick & easy way to support Blessed Sacrament without spending any extra money! Contact Jennie Korth at jenniekorth@gmail.com or text 402-366-4218 if you want to learn more! Scrip will be available between masses on **Feb. 26th** is always available at the rectory.

Pulling Together - This summer our parish will be expanding the green space on our property through the "Community of Hope" projects. To maintain the beauty of our landscape, you are invited to join a group of fellow parishioners, "Pulling Together ". The mowing crew does a great job with the grass, thanks guys! Our focus will be the landscape areas with trees, shrubs, and flowers. The heavy work of planting has been completed, our group, "Pulling Together", will do the weed prevention, mulch, and minor weeding. This is a great stewardship opportunity. Anyone can be of help if you are willing. If you have a zeal for nurturing our landscape and enjoy the outdoors, we welcome you to join "Pulling Together". Please reach out to Bonnie Evert at Bonnieevert51@gmail.com or 402-770-7546 if you would like to help.

Blessed Sacrament Prayer Line - Call Lynn at 402-477-6252 to have parish prayer line members intercede for your intentions.

The Traveling Madonna: The Legion of Mary is pleased to make available to you a Fatima Statue, which you can have in your home for a week or two. We know that devotion to Mary will bring us closer to her Son. If you or family members are ill or you have problems of any kind, or have no problems at all but have a desire to grow closer to Jesus through Mary who is better to turn to than the Mother of Jesus? Please call Roni at 402-475-5540 or Kathy at 402-840-7732 to make arrangements to have the Fatima statue in your home. There is NO FEE.

The Living Rosary: Unfortunately, we cannot expect a great number of souls to attend Mass daily, but we can hope to bring a greater number of them to recite daily the rosary. And for those that cannot pray the rosary every day, Blessed Pauline Jaricot designed the Living Rosary, where you participate in the many blessings granted to it by praying only one decade assigned to you daily. No meetings. No dues. You pray at home at your convenience. Call Jan today, 402-438-2506, & find out how it works.

Spiritual Enrichment

Perpetual Adoration

"There is no doubt that a flood of graces will descend upon your family and the world if more Souls would become docile pupils of adoration." - St. Pope John XXIII

Adorers are needed for these open hours: Sun. - 1 a.m., 2 a.m.., 3 a.m., 4 a.m., 5 a.m., 12 Mid.; **Mon.** -1 a.m. (three times a month), 2 a.m., 3 a.m., 4 a.m., 7 a.m., 11 p.m.; **Tues. -** 1 a.m., 2 a.m.., 3 a.m., 9 p.m.; **Wed.** 2 a.m.., 12 mid; **Thurs. -** 2 a.m., 4 a.m., 10 p.m.; **Fri. -** 1 a.m., 2 a.m., 3 a.m. (twice a month), 4 a.m. (twice a month), 7 a.m., 8 p.m.; **Sat. -** 1 a.m., 2 a.m., 4 a.m., 6 p.m., 11 p.m., 12 Mid;

If interested in becoming an adorer or a sub, or for more info, contact one of the coordinators listed below: Lois Korinek-402-423-1949 - Cathy Rokke - 402-423-6844 - Kathy Wells - 402-840-7732.

Our Lady of Good Counsel Retreat House - near Waverly offers weekend retreats both in-person & online, see the schedule of retreats at www.goodcounselretreat.org or call 402-786-2705.

- **Feb. 22nd:** Meeting God in the Desert; W/ Deacon Matthew Hecker; 10 am - 3 pm / Advanced Registration Required
- **Feb. 24th-26th:** I+U=We Marriage Workshop; W/ Fr. Jay Szymczak; Love & Life retreat workshops for couples
- **March 10th-12th:** In the Presence of Our Lord; W/ Fr. Loras Grell; Foundations for a revival of the Eucharist
- **March 18th:** Holiness for Moms W/ Fr. Ryan Kaup; Sat. reflection for moms of young people

Formed.org Lenten Content – Whole 40: Making a Spiritual Plan for Lent -Sit down with Dr. Ben Akers & Dr. Elizabeth Klein to discuss the purpose of the season of Lent, how to

prepare for it, and why it is such a fruitful season in our life of faith. https://watch.formed.org/videos/whole-40-making-a-spiritual-plan-for-lent

The Spirit and the Desert - Sometimes we might feel like we're stuck in spiritual deserts. In this episode of **The Wild Goose**, Fr. Dave Pivonka shares how the Holy Spirit is present even in these times of desolation. https://watch.formed. org/videos/the-spirit-and-the-desert

Love—Sacrifice — Trust: He Showed Us the Way by Fr. Mike Schmitz In this talk, Fr. Mike Schmitz shares with us the need to pick up our crosses and embrace Christ in our own suffering. He reminds us that love often means sacrifice! https://watch.formed.org/videos/love-sacrifice-trust-he-showed-us-the-way-by-fr-mike-schmitz

WELCOME TO OUR NEW PARISHIONER: MARCH & JOSE GUEVARA & FAMILY, MARIALUISA CASTILLO & FAMILY

EMPLOYMENT OPPORTUNITIES

EMPLOYMENT OPPORTUNITY - ST. MARY'S CATHOLIC CHURCH - in Lincoln is looking to hire a full-time **Parish Secretary.** The ideal candidate demonstrates a real love & concern for all people, enjoys providing assistance with ideas & projects, & has the natural gift of pushing projects or tasks to completion. Must have a love of Jesus Christ & His Church, office/administrative experience preferred. Please send your resume to frjwalsh@mac.com.

EMPLOYMENT OPPORTUNITY - THE FAMILY LIFE & DISCIPLESHIP OFFICE - is hiring a **Coordinator of Youth Evangelization & Discipleship** who will assist families by implementing youth & young adult evangelization & discipleship initiatives. The application deadline is Feb 20th. Please contact Marsha Bartek to apply. Marsha-bartek@lincolndiocese.org, 402-904-8052, or at the Catholic Chancery, 3400 Sheridan Blvd. Lincoln, NE 68506.

ADDITIONAL NEWS

FEBRUARY 21, 2023, CATHOLIC DAUGHTERS MEETING – All Ladies please join us at the Knights of Columbus Hall 6 p.m. for our meeting. Questions, please contact Caroline Helget at chelget @gmail.com.

MARCH 2, 2023, LIFE-GIVING WOUNDS ONLINE SUPPORT GROUP - a Catholic apostolate dedicated to the spiritual healing of adult children of divorce or separation, will host a seven-week online support group this Lent. Taking place over seven evenings, from March 2nd to April 12th, the support group will include presentations & guided small group discussions on topics relevant to adult children of divorce, including setting goals for healing, overcoming shame, dealing with financial anxiety, & more. Cost: $174 early-bird, $94 college students/ consecrated. (After Feb. 15th, $199 regular, $119 college students/consecrated.) Scholarships available! More info. & registration here: https://www.lifegivingwounds.org/lentsupport.group.

MARCH 18, 2023, ST. PATRICK'S FESTIVAL - St. Patrick's Catholic Church will hold their St. Patrick's Festival on Sat., March 18th from 11:00 a.m. – 4:00 p.m., in St. Patrick's Gym, 6126 Morrill Ave. There will be food, beer garden, bingo, raffle, a kid's zone & Irish music. Cost will be $10/Adult & $5/Child. The Raffle drawing will be at 4:30 p.m.

APRIL 21-23, 2023, MARRIAGE ENCOUNTER - Experiencing communication from the heart inside our couple-love. Marriage Encounter experience on April 21st-23rd in Lincoln, NE. Call right-away so we may prepare a place for you. Contact couple Gary & Brenda Granger at 303-604-6202. For more info. visit our website at: www.wwme.org.

THANK YOU FOR YOUR STEWARDSHIP

Sunday Collections (February 12, 2023)

Envelopes	$6,709.00
Plate	585.80
Online Giving	7,356.30
Total:	$ 14,651.10

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Blessed Sacrament Presents

TABLE FOR TEN

Endowment Night

"WILD WEST"

Saturday, March 25, 2023

6:00 pm Social Hour

7:00 pm Dinner

Dueling Pianos to follow!

Lincoln Fire Fighter's Reception Hall (241 Victory Lane)

$75 per person

Make your reservations online at one.bidpal.net/TableForTen2023

Questions? Call or text Katie Kudron at 402-314-2222

Proceeds benefit the Blessed Sacrament Endowment Fund

40 DAYS FOR LIFE

YOU CAN PROTECT MOTHERS AND CHILDREN by joining this worldwide mobilization to pray and fast for an end to abortion!

THROUGH PRAYER AND FASTING, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000 volunteers!

Help Save Lives in Lincoln

Learn more, get involved, and sign up to pray

40daysforlife.com/Lincoln

DATES:	HOURS:	LOCATION:
FEB. 22 TO APRIL 2, 2023	7:00 AM TO 7:00 PM DAILY	PLANNED PARENTHOOD 5631 S. 48TH ST. LINCOLN

KICKOFF EVENT

TUESDAY, FEBRUARY 21 | 6:00 PM

Lincoln Right to Life | 5632 S. 48th St. Unit 4

Please park at Cornerstone Christian Church

Join us to kick off the spring campaign! Our guest speaker will be Angela Himmerlberg of See Womb Life. Angela educates others on the beauty of life through live ultrasound and science.

Please bring a side dish or dessert to share. Main dish provided.

RSVP to Cathy Turner: 402.202.1614

Sponsored by Lincoln Right to Life

ST. GREGORY THE GREAT SEMINARY

COME AND SEE WEEKEND

Prayer

Spend time in prayer and Eucharistic adoration

Fraternity

Time for recreation and fraternity with seminarians and other discerners

Discernment

Opportunities to ask questions about seminary life, the priesthood, and discernment

March 10-12

For more information email sggs@sggs.edu or call: (402)-643-4052

St. Mary Catholic Church

Winterfest

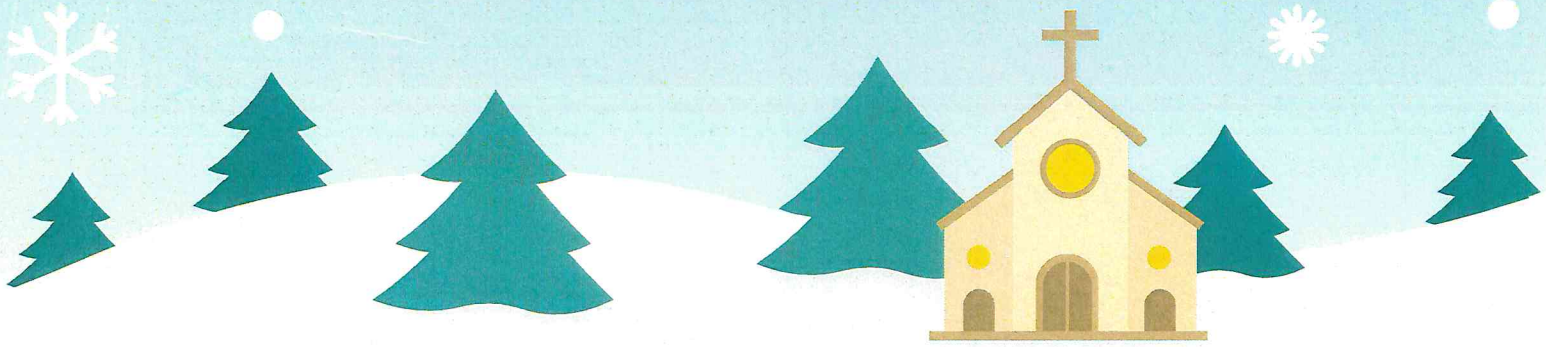
Saturday, February 18, 2023

5:00 PM - 9:00 PM

Lincoln FireFighter's Reception Hall

241 Victory Lane Lincoln, Nebraska

Join us for fellowship, fun, dinner, and dancing.

Live DJ	Cake Walk
Activites For Kids	50/50 Raffle
Silent Auction	And More!

A variety of food & a cash bar.